



**Archibald First School**

Archibald Street  
Gosforth  
Newcastle upon Tyne  
NE3 1EB

6<sup>th</sup> July 2021

Headteacher **Mrs R Turner**

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Dear Parents/Carers

**Wellness Week at Archibald Nursery to Year 4**

During the final week of term, commencing Monday 19<sup>th</sup> July 2021, Archibald First School will be hosting our very first Wellness Week. This will be a week spent together as classes embracing our physical and mental health.

**For this week, we are encouraging all children to come to school in their own activewear every day (no Archibald PE Kit required but no crop tops or strappy vests).**

Each day, there will be an exciting activity to take part in. For example, we will have a visit from Hoopstarz, mindful activities, a Year 4 Leavers' Fun Day, Mr Holman's Marvellous Multi Skills, and Football Friday for Key Stage 2.

**We also request that your child/children come to school on Monday 19<sup>th</sup> July 2021 with a towel and change of clothes and shoes to keep on their peg until it is used.**

In this bag they will also need a small water gun/pistol. If you do not have one, a small plastic tub could be used. This will be for one of our events throughout the week that involve water!

We will also be having a session on the yard for 'wheelie fun'. On the allocated day, your child is asked to bring their bike, scooter, roller-skates, skateboard... into school. Helmets are essential.

Reception - Thursday

Year 2 - Tuesday

Year 1 - Tuesday

Year 3 - Monday

Year 4 - Thursday

To allow all of this to happen, we are requesting a donation of £3 per child, which can be paid via Parent Pay.

Throughout this week, your child/children may be outdoors for an extended part of the school day. As always, we hope that we will have good weather for this type of event, so please ensure sun cream is applied and that sunhats are brought to school. Shoulders must be covered.

We are really looking forward to this final week with the children; please keep an eye on our Twitter @ArchibaldFirst and the school website to see what we get up to!

Kind Regards

Miss White

PE Leader

**Having fun, achieving excellence.**

Successful learners. Confident individuals. Responsible citizens.