

## INDOOR ACTIVITIES

- Play board games such as Monopoly, Cluedo or Guess Who
- Play Noughts and Crosses or Hangman
- Draw a picture of your family
- Bake some cakes, biscuits or bread – weighing out the ingredients carefully
- Make an indoor obstacle course
- Make a den
- Make up your own dance to your favourite song
- Listen and sing along to your favourite song
- Create a printed picture using fruit and vegetables
- Make a scrap book of your favourite things and/or people
- Have an indoor picnic
- Tidy your bedroom and create some bedroom/bedtime rules
- Play hide and seek
- Make up your own games and rules to play inside the house
- Complete a jigsaw puzzle
- Design and make a Mother's Day Card

## OUTDOOR ACTIVITIES

- Design and carry out a treasure hunt
- Plant some seeds / vegetables
- Hunt for minibeasts / different plants in the garden
- Help wash the car / sweep up / clean the windows / clean help care for your pet etc.
- Collect outdoor items and make a picture with them in the style of a favourite artist
- Play outdoor games – tag / mister wolf / bulldog etc.
- Play ball games / practise ball skills
- Fitness / dance to music

## TWEET

Please tweet what you and your child / family get up to.



