



# Parents Online Safety

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You will be aware the Internet hosts many exciting opportunities for education. The online world is a wonderful place for young people to explore, with unprecedented opportunities for learning and creativity, but just like the real world there are risks and dangers they should be aware of and which we should all act to protect them from. As a school we encourage the use of technology as an important part of our students' development but always want them to spend their time online safely. As a parent/carer you can play a significant part in ensuring this.

## Top Tips for Parents:

1. Talk to your child, early and often
2. Explore online together
3. Know who your child is talking to online
4. Set rules and boundaries
5. Make sure content is age-appropriate
6. Use parental controls to filter, restrict, monitor and report content
7. Check they know how to use privacy settings and reporting tools

## Websites:

Childline  
[www.childline.org.uk](http://www.childline.org.uk)

Childnet  
[www.childnet.com/parents-and-carers](http://www.childnet.com/parents-and-carers)

CEOP (Child Exploitation & Online Protection Command) Think U Know Parents  
[www.thinkuknow.co.uk/parents](http://www.thinkuknow.co.uk/parents)

Internet Matters  
[www.internetmatters.org](http://www.internetmatters.org)

Net Aware  
[www.net-aware.org.uk](http://www.net-aware.org.uk)

NSPCC  
[www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety](http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety)

PEGI (Pan-European Game Information)  
[www.pegi.info](http://www.pegi.info)

The Breck Foundation  
[www.breckfoundation.org](http://www.breckfoundation.org)

UK Safer Internet Centre  
[www.saferinternet.org.uk](http://www.saferinternet.org.uk)

Have I Been Pwned?  
[haveibeenpwned.com](http://haveibeenpwned.com)

Family Gamer TV  
<https://www.youtube.com/user/FamilyGamerTV>

## Apps:



NetAware by NSPCC

A simple guide for parents to the most popular social networks, apps and games



InternetMatters by Internet Matters

This tablet-only app will help parents learn together with their child about online safety issues



iOS Settings by Apple

Enable password protected Restrictions on iPad, iPhone and iPod touch



Qustodio Parental Control by Qustodio

Internet monitoring and control for mobile devices including tablets and smartphones



SecureSafe

Free password and file manager

## Parents Checklist:

- I have enabled parental controls on my child's devices (as appropriate)
- I have disabled in-app purchases
- I have installed YouTube Kids (if appropriate)
- I know what games and websites my child uses
- My child plays age-appropriate games
- I know what social networking sites my child uses
- I know who my child talks to online
- I use different, strong passwords for different sites
- We have agreed some family rules (eg online conduct, down time, contacts, shared content)
- I know where to get support and report any concerns
- My child knows how to report concerns and where to get additional support

## Worried? Need to Report?

1. Report to your Social Network Service
2. Contact school
3. NSPCC
4. CEOP (Grooming)
5. Internet Watch Foundation (Illegal Content)

