

15th March 2019

Dear Parent/Carer,

Extra-curricular Club - Key Stage 2 – Girls' Tag Rugby

Research published by the Government Equalities Office confirms that Year 3 (7-8 years old) is a critical age in keeping girls motivated to play sport. Beyond this age, girls become more self-conscious, lose confidence and many stop participating in sport altogether.

Children should be active for 60 minutes every day. Our aim is to support your children in developing an enjoyment for sport and to grow into healthy adults who continue to enjoy physical activity/sport. For this reason, we will be starting a Girls' Tag Rugby Club. Tag Rugby is a non-contact, fast-moving game that is suitable for adults or children, and for boys and girls to play together. It's safe, non-contact nature combined with the fun and liveliness of the sport, means that tag rugby is now the RFU's official version of the game for under 7s and under 8s.

The club will run on the school grounds **every Thursday afternoon**, starting on Thursday 2nd May 2019 from 3:15 – 4:30pm. Children must wear sporting attire that they can move comfortably in. On this day, children may bring a water bottle to school. It is only to be used during tag rugby and not throughout the school day.

In the event that this club is oversubscribed, places will be allocated on a random basis. Please wait to be informed if your child gains a place or not. Those who do not receive a space will be given first refusal when we next allocate places.

If your child is interested in this club and event, please express their interest on the attached slip and return it to Miss White by **Friday 29th March 2019**.

For more information on the sport itself, please visit:

<https://www.englandrugby.com/my-rugby/players/forms-of-rugby/tag-rugby/>

For more information on girls in sport, please visit:

<https://www.gov.uk/government/news/new-research-shows-seven-is-heaven-for-girls-and-sports>

Kind Regards,

Miss White

My child is interested in attending the tag rugby club.

Child's Name: _____ Class: _____

Signed Parent/Guardian: _____

Contact telephone number: _____

Medical conditions: _____